



# JOIN US FOR FREE WORKSHOPS

## TAKE CONTROL OF YOUR CAREER, HEALTH AND WELL-BEING

Take control of your career, health and well-being with free workshops, hosted by LINXS Constructors! Workshops are open to any members of our project and our local community.

The purpose of these 2 hour workshops is to provide free training on a variety of topics to help you develop your professional and personal skills.

RSVP below to join us, starting February 12th!

### WHERE:

5021 Lennox Blvd., Lennox, CA 90304

*\*Free parking available*

### RSVP:




**WORKSHOPS INCLUDE:**

- ✓ 2/12 (4pm): Conflict Resolution
- ✓ 2/21 (4pm): Safety
- ✓ 2/28 (4pm): Leadership Skills Training
- ✓ 3/4 (4pm): Effective Communication
- ✓ 3/9 (9am & 12pm): Resume Prep
- ✓ 3/13 (4pm): Anger Management
- ✓ 3/18 (4pm): Interview Techniques
- ✓ 3/23 (9am & 12pm): Healthy Parenting
- ✓ 3/27 (4pm): Drug & Alcohol Education
- ✓ 3/30 & 4/6 (9am & 12pm): Financial Literacy

